

AES2: Are e-cigarettes safe? Worksheet



Please answers to the questions below:

1. According to current evidence vaping is less harmful than smoking.

a) True

b) False

2. The longer-term health effects of vaping are still emerging; however, it is already clear that these are health-harming products.

a) True

b) False

3. What is the addictive substance that most e-cigarettes contain?

4. What other substances do e-cigarettes contain?

5. There are health benefits if you use an e-cigarette whilst still smoking tobacco.

a) True

b) False

6. For what reasons should someone use an e-cigarette?

7. E-cigarettes are risk free.

a) True

b) False

8. Based on current evidence, what's the best way to stop smoking?

9. Why can't we be certain on whether e-cigarettes are safe?

10. What are the main concerns around e-cigarettes?

