

### SMOKING AND THE ENVIRONMENT

#### Our planet, our health

Cigarette butts are the most common items of plastic litter in Scotland.

They endanger wildlife and release toxins into our environment and oceans.

Protect your health and our planet  
by staying smoke-free



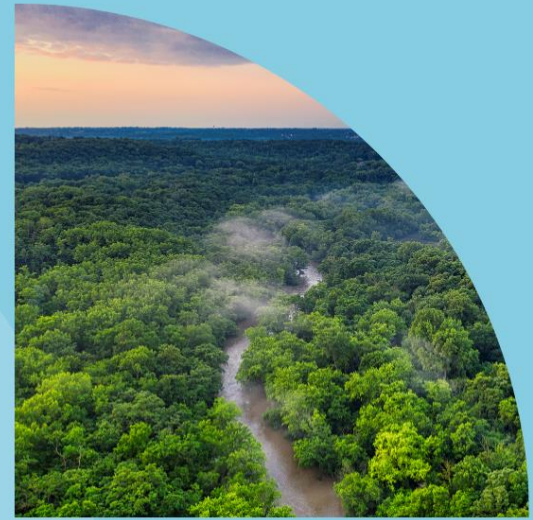
photo credit: Karen Mason

# TOBACCO AND THE ENVIRONMENT

Our planet, our health

**600 Million trees** are chopped down every year to make cigarettes, destroying animal habitats and decreasing the clean air we breathe.

Protect your health and our planet  
by staying smoke-free



© ASH Scotland



# TOBACCO AND THE ENVIRONMENT

Our planet, our health

More than **10 million** people could be fed if food crops were grown instead of tobacco in low- and middle-income countries.

Protect your health and our planet  
by staying nicotine-free



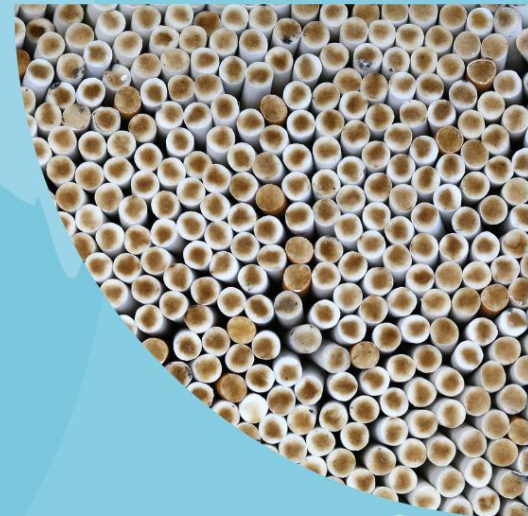
photo credit: World Food Programme / Farm-to-Market-Alliance

# SMOKING AND THE ENVIRONMENT

Our planet, our health

The plastic pollution from  
cigarette filters in Scotland is  
enough to fill **50** bin lorries.

Protect your health and our planet  
by staying smoke-free





# VAPING AND THE ENVIRONMENT

Our planet, our health

More than **5 million** single-use vapes are improperly thrown away **every week** in the UK.

Protect your health and our planet  
by staying vape-free



photo credit: @LessWasteLaura @wildscotplace

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*(This number from September 2023 showed a 4x increase from 2022)*

# VAPING AND THE ENVIRONMENT

Our planet, our health

e-cigarettes generate a significant amount of toxic and plastic waste; contaminating waterways, soil and wildlife.

Protect your health and our planet  
by staying vape-free



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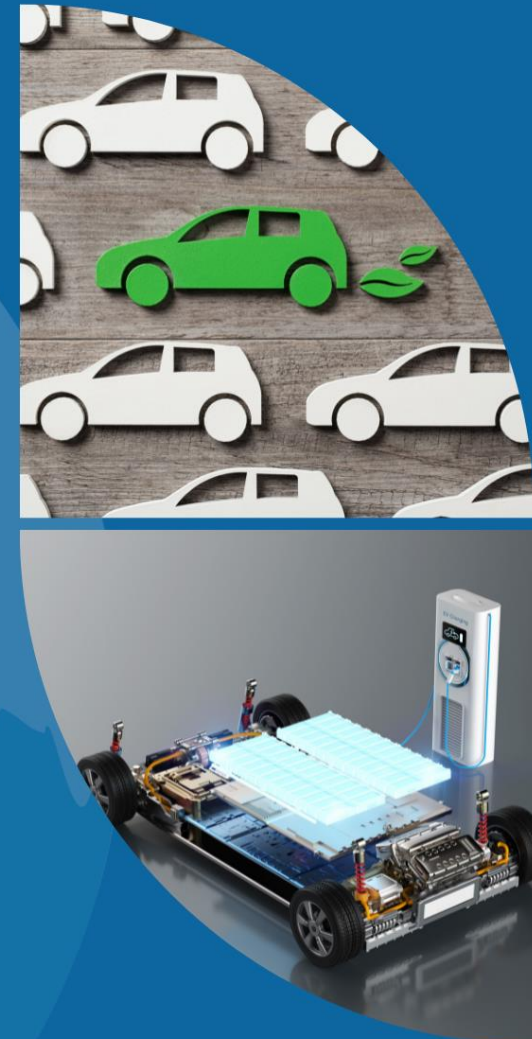
photo credit: @vapesaretrash / @irvinebeach

# VAPING AND THE ENVIRONMENT

Our planet, our health

The lithium from single-use vapes that end up in landfill each year, in the UK, is enough to make **5000** electric car batteries.

Protect your health and our planet  
by staying vape-free



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(September 2023)