

## ED2: Is everyone smoking or vaping?

### Quiz answers



1. Most young people in Scotland smoke.	
<b>b) False</b>	<i>See stats below</i>
2. What percentage of S2 pupils in Scotland are 'regular' smokers?	
<b>a) 1.6%</b>	<i>This is from the Health and wellbeing census 2021/22 (98.4% don't smoke regularly).</i>
3. What percentage of S4 pupils in Scotland are 'regular' smokers?	
<b>a) 4.3%</b>	<i>This is from the Health and wellbeing census 2021/22 (95.7% don't smoke regularly).</i>
4. What percentage of young people in Scotland (16-24years) are 'regular' smokers?	
<b>b) 14%</b>	<i>While the prevalence of smoking has been falling steadily, the 2021 Scottish Health Survey figure of 10% has been treated with caution due to the difference in their method of data collection during 2020. We have therefore used the 2019 figure of 14% for this activity. Figures for the 2022 survey could provide a more reliable prevalence rate and these results should be published towards the end of 2023.</i>
5. What percentage of adults in Scotland are regular smokers?	
<b>a) 17%</b>	<i>While the prevalence of smoking has been falling steadily, the 2021 Scottish Health Survey figure of 11% has been treated with caution due to the difference in their method of data collection during 2020. We have therefore used the 2019 figure of 17% for this activity. Figures for the 2022 survey could provide a more reliable prevalence rate and these results should be published towards the end of 2023.</i>
6. What percentage of adults in Scotland would like to stop smoking?	
<b>c) 68-70%</b>	<i>Stats from Scottish Health Survey</i>
7. The number of young people smoking has increased over time?	
<b>b) False</b>	<i>Numbers decreased substantially since SALSUS began in 1982. For example, in 1990, 9% of 13 year olds, 25% of 15 year olds. SALSUS 2019 shows that 2% of 13 year olds and 7% of 15 year olds reported being regular smokers. The SALSUS has been replaced with the Health and Wellbeing Census and this shows another drop for S4 pupils to 4.3%.</i>

8. What percentage of 11-15 year olds in the UK regularly use e-cigarettes?	
<b>a) 4.6%</b>	15% of 11-15 year olds have tried e-cigarettes but <b>only 4.6%</b> in that age group <b>are regular users</b> . (June 2023) – it's important to highlight that 4.6% of all UK 11-15 year olds is still a substantial number of young people. <a href="https://ash.org.uk/resources/view/use-of-e-cigarettes-among-young-people-in-great-britain">https://ash.org.uk/resources/view/use-of-e-cigarettes-among-young-people-in-great-britain</a>
9. What percentage of 16-17 year olds in the UK regularly use e-cigarettes?	
<b>b) 15%</b>	34% of 16-17 year olds have tried e-cigarettes but <b>only 15% are regular users</b> . (same link as no.8 above) – it's important to highlight that 15% of all UK 16-17 year olds is still a substantial number of young people.
10. How many tobacco related deaths are there in Scotland each year.	
<b>c) 9,000 – 10,000</b>	Around a 16% of all annual deaths in Scotland are related to tobacco, that's between 9,000 and 10,000 smoking related deaths every year.
11. How many people who try their first cigarette will become daily smokers?	
<b>a) 3 out of 5</b>	At least 61% of people who try their first cigarette become, at least temporarily, daily smokers (analysis of survey data by Queen Mary University, London).