

TL1: Tobacco control measures



Through regulation, policies, laws and education, tobacco control aims to reduce smoking uptake and influence smokers to quit. This, in turn, reduces the serious health risks associated with tobacco and related products.

Scotland and the UK have introduced a number of tobacco control measures through regulations or policies over the years. Some examples include:

- the banning of cigarette advertising on TV in 1965.
- smoking indoors prohibited in UK post offices in 1979.
- the legal requirement for large health warnings on cigarette packaging in 1991.

Can you think of any other tobacco control regulation or policies that have been introduced by the Scottish or UK governments since 2001?

What impact can tobacco control measures have on a person or on our society (e.g. less money spent by the NHS on tobacco-related health issues)?